

Lalali (Style Catalan)

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Choregraphie par : Mario & Lilly HOLLNSTEIMER

Description : 32 temps, 4 murs, Débutant, Février 2016

Musique : This Is Not Goodbye par Johnny REID

1 Tag

SECT-1 HEEL, TOE, HEEL, TOE, ¼ TURN HEEL STRUT, KICK, STOMP

1 – 2 RF heel touch forward – RF touch toe back

3 – 4 RF heel touch forward – RF touch toe back

5 – 6 ¼ Turn right and touch RF heel forward – put toe down (3 o'clock)

7 – 8 LF kick forward – LF stomp up beside RF

SECT-2 TOUCH TOE LEFT-TOGETHER-LEFT, BEHIND, SIDE, CROSS, SHUFFLE SIDE

1 – 3 LF toe touch left – beside RF – touch left again

4 – 6 LF cross behind RF – RF step to right – LF cross in front of RF

7 + 8 Cha Cha Cha to the right (R L R)

SECT-3 BACK ROCK, SHUFFLE ½ TURN R, SLOW COASTER STEP, STEP

1 – 2 LF step back – weight forward on the RF

3 + 4 Cha Cha Cha (L R L) with ½ turn to the right (9 o'clock)

5 – 6 RF step back – step LF beside RF

7 – 8 RF step forward – LF step forward

SECT-4 ROCK FWD, ¼ TOE STRUT TURN R, CROSS, ¼ TURN L, ½ TURN L, STOMP

1 – 2 RF step forward – weight back on the LF

3 – 4 RF touch toe back – ¼ turn to the right and put toe down (12 o'clock)

5 – 6 LF cross in front of RF – ¼ turn to the left and RF step back (9 o'clock)

7 – 8 ½ turn to the left and LF step forward – RF stomp up beside LF (3 o'clock) TAG After 11th Wall

SECT-1 KICK, STOMP, FLICK, STOMP, KICK, STOMP, FLICK, STOMP

1 – 4 RF kick forward – RF stomp up beside LF – RF flick back – RF stomp beside LF

5 – 8 LF kick forward – LF stomp up beside RF – LF flick back – LF stomp beside RF

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